



Pre-school Swimming Lessons Programme



DRONFIELD
SPORTS CENTRE
Tel: 01246 217217

ECKINGTON SWIMMING POOL
AND FITNESS CENTRE
Tel: 01246 217481

SHARLEY PARK LEISURE CENTRE
Tel: 01246 217277

www.ne-derbyshire.gov.uk

North East
Derbyshire
District Council





What is the Just do More! Otter Scheme?

The Just do More! Otter Scheme is a programme to teach toddlers aged 10 months to 4 ½ to swim, run by North East Derbyshire District Council at our three leisure centres in Dronfield, Eckington and Clay Cross.

The programme is split into two age bands:

- Just do More! Otter Pups - for toddlers aged from 10 months to 3 years
- Just do More! Pre-School Otters - for 3 to 4 ½ year-olds

Two specially trained instructors accompany the children in the pool, to help them safely enjoy the water and build confidence in a fun and friendly environment.

Lessons are normally 30 minutes each and run over 12 weeks.

**You can enrol
for the Just do More!
Otter Scheme on
our website
www.ne-derbyshire.gov.uk**

Why choose the Just do More! Otter Scheme?

Professional teaching at an affordable price

Our Just do More! Otter lessons are delivered by specially trained teachers who accompany children in the water to build their confidence and skills. Our programme provides high quality teaching at low prices, making them accessible for everyone.

Our trained instructors teach individuals in groups of up to 12 children, meaning each child can get the attention and tuition he or she needs to progress.

Learning to swim is an important skill which can never be taught too early, but also helps your child stay fit and healthy - setting them up for a lifetime of activity.

Our lessons also include a variety of fun activities to help young swimmers feel at ease in the water, and help to boost their confidence, social skills and self-esteem.

Excellent programme

Our teaching plan is carefully structured to give a thorough grounding in basic water skills, whilst remaining fun! This allows children to develop at their own pace. Pupils work through four levels of ability, with badges and certificates to recognise achievement.

*It's healthy
- and fun!*

Once your child has successfully completed all levels of the Just do More! Otter Scheme, or have started full-time school, they will automatically be promoted to our junior swimming lessons, Just do More! Swim Stars.

Children on our Otter scheme get priority when they are old enough for the junior lessons.

Baby friendly pools

All of our swimming pools have 'Baby Friendly Accreditation,' which means they meet strict standards for the quality of swimming lessons, water clarity, changing facilities and hygiene.

Swimming Lessons are on

twitter 

@nedDCswimstars

See our leisure centre noticeboards or visit
www.ne-derbyshire.gov.uk for an up-to-date price list.

Interested?

Just do More! Otter Scheme lessons run on the days and times below.

For more information, including prices, visit our website at www.ne-derbyshire.gov.uk or contact any of our centres.

Dronfield Sports Centre Sessions

Civic Centre, Dronfield, S18 1PD
(01246) 217217

Otter lessons

Tuesdays: 12.30pm - 3pm
Wednesdays: 12.30pm - 3pm

Otter Pups lessons

Thursdays: 9.30am - 11.30am

Eckington Swimming Pool and Fitness Centre

Gosber Street, Eckington, S21 4DA
(01246) 217481

Otter lessons

Tuesdays: 10am - 1pm
Wednesdays: 11am - 12noon
Fridays: 11.30am - 2pm

Otter Pups lessons

Wednesdays: 10.30am - 11am, 12noon - 12.30pm
Fridays: 9.30am - 11am

Sharley Park Leisure Centre

Market Street Clay Cross S45 9LX
(01246) 217277

Otter lessons

Tuesdays: 1pm - 2.30pm
Wednesdays: 1pm - 2.30pm
Thursdays: 10.30am - 12noon

Otter Pups lessons

Wednesdays: 10am - 10.30am
Thursdays: 10am - 10.30am

Please note there may be a short waiting list.

North East
Derbyshire
District Council



*We speak
your language*

Polish

*Mówimy Twoim
językiem*

French

*Nous parlons
votre langue*

Spanish

*Hablamos su
idioma*

Slovak

*Rozprávame
Vaším jazykom*

Chinese

我们会说你的语言

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