



Just do  
More!

# Swimming Timetable



ECKINGTON SWIMMING  
POOL AND FITNESS CENTRE

Gosber Street, Eckington.

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[www.ne-derbyshire.gov.uk](http://www.ne-derbyshire.gov.uk)

North East  
Derbyshire  
District Council



# Swimming Timetable



	7.00am	7.15am	7.30am	7.45am	8.00am	8.15am	8.30am	8.45am	9.00am	9.15am	9.30am	9.45am	10.00am	10.15am	10.30am	10.45am	11.00am	11.15am	11.30am	11.45am	12.00noon	12.15pm	12.30pm	12.45pm	1.00pm	1.15pm	1.30pm	1.45pm	2.00pm	2.15pm	2.30pm	2.45pm	3.00pm	3.15pm	3.30pm	3.45pm	4.00pm	4.15pm	4.30pm	4.45pm	5.00pm	5.15pm	5.30pm	5.45pm	6.00pm	6.15pm	6.30pm	6.45pm	7.05pm	7.15pm	7.30pm	7.45pm	8.05pm	8.15pm	8.30pm	8.45pm	9.05pm	9.15pm
MON	DX Squad 2 lanes		Lane Swimming	Lane Swimming	General Swimming		Staff Training		General Swimming				General Swimming		Lane Swimming		Aquajog Deep end		General Swimming		Lane Swimming		General Swimming		Swimming lesson Both shallow end and deep end		Eckington Swimming Club		Deep End Swimming		Aquacise		CLOSED																									
TUES	DX Squad 2 lanes		Lane Swimming	Lane Swimming	General Swimming		Aquajog Deep end		Otter Swimming Lessons Shallow end Boom				General Swimming		School Swimming Lessons Shallow end & 2 lanes		General Swimming Deep water space only		General Swimming		General Swimming		General Swimming		Swimming lesson both shallow end and deep end		Eckington Swimming Club		NEDSAC Northeast Derbyshire Sub Aqua Club		CLOSED																											
WED	Lane Swimming		Lane Swimming		General Swimming		Deep end swimming		Otter Pups and Otter Swimming Lessons - Shallow end Boom				General Swimming		School Swimming Lessons Shallow end & 2 lanes		General Swimming Deep water space only		General Swimming		General Swimming		Swimming lesson both shallow end and deep end		Adult Lessons 3 lanes		Women only		Eckington Swimming Club		CLOSED																											
THURS	DX Squad 2 lanes		Parent and Baby session with floats Shallow end Boom		General Swimming				General Swimming		School Swimming Lessons Shallow end & 2 lanes		General Swimming Deep water space only		General Swimming		General Swimming		Swimming lesson both shallow end and deep end		Lane Swimming		Eckington Swimming Club		CLOSED																																	
FRI	DX Squad 2 lanes		Lane Swimming		Otter Pups and Otter Swimming Lessons Shallow end Boom				Lane Swimming		Lane Swimming		General Swimming		Swimming lesson both shallow end and deep end		SET UP		Eckington Swimming Club																																							
SAT	CLOSED		General Swimming		Swimming lesson both shallow end and deep end				Pool Party* Shallow end		General Swimming		SET UP		Aquafun		BREAK		Aquafun		BREAK		Aquafun Private Party*		SET DOWN		Pool available for Galas																															
SUN	CLOSED		General Swimming		General Family Swimming Session inc Floats in shallow end				General Swimming		SET UP		Aquafun Private Party*		SET DOWN		General Swimming		Lane Swimming		Lane Swimming		Lane Swimming		Eckington Swimming Club		CLOSED																															

Our pool programme is now all located in our main pool. This will mean at times swimming space is restricted especially when swimming lessons and parties are on.

#### Admissions ratio:

1 Adult = 2 children aged 4-7 years









1 Adult = 1 child under 4 years

During school holidays the programme may change slightly due to holiday activities. Please check before attending.




**Note:** In the evenings, Monday to Thursday from 7pm, sessions will start approx. 5mins after the hour, as indicated on the timetable.

\*Private hire

## Splash Factor

-  **General swimming:** Open session for all ages and abilities.
-  **Lane swimming:** Sections of the pool will be laned for customers to swim lengths.
-  **Adults only:** Session for 16+ years of age.
-  **Women only:** Session for women 16+ years of age.
-  **Aquacise:** Water based low impact aerobics (shallow end only).
-  **Family swimming:** Family orientated swimming open to everyone.
-  **Lessons:** Sections of the pool width ways or lanes allocated to lessons. Deep and shallow end.
-  **Aquafun:** Wet and wild fun with rafts, floats and large inflatable.

### Key

-  Calm session suitable for all
-  Active session/fair amount of splashing
-  Fun kids session lots of splashing

**We speak your language**

**Polish**  
*Mówimy Twoim językiem*

**French**  
*Nous parlons votre langue*

**Spanish**  
*Hablamos su idioma*

**Slovak**  
*Rozprávame Vaším jazykom*

**Chinese**  
我们会说你的语言

North East Derbyshire District Council 

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