



# Swimming lessons

Learning to swim is an important skill which helps your child stay fit and healthy.

We have a series of tailor-made swimming lesson programmes for children up to 16 years.

For more information, ask at reception or visit [www.ne-derbyshire.gov.uk](http://www.ne-derbyshire.gov.uk)

## Contact Details

**DRONFIELD SPORTS CENTRE**  
Civic Centre Dronfield S18 1PD  
Telephone: 01246 217217  
Text Us: 0780 0002425

**ECKINGTON SWIMMING POOL AND FITNESS CENTRE**  
Gosber Street, Eckington S21 4DA  
Telephone: 01246 217481

**SHARLEY PARK LEISURE CENTRE**  
Market Street, Clay Cross S45 9LX  
Telephone: 01246 217277  
[www.ne-derbyshire.gov.uk](http://www.ne-derbyshire.gov.uk)



*We speak your language*

**Polish**  
*Mówimy Twoim językiem*

**French**  
*Nous parlons votre langue*

**Spanish**  
*Hablamos su idioma*

**Slovak**  
*Rozprávame Vaším jazykom*

**Chinese**  
*我们会说你的语言*

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## Swimming Pool Child Admission Policy for general swimming



## We want you and your family to have a safe and enjoyable time when you visit us.

The purpose of the Child Admission Policy is to outline how we can work together to create the safest possible environment for you and your children. It has been developed in line with advice from national governing bodies such as Chartered Institute for the Management of Sport and Physical Activity (CIMSPA), Swimming Teachers Association (STA) and the Amateur Swimming Association (ASA).

### Our Policy

North East Derbyshire District Council strongly recommends that all juniors are accompanied by a responsible person when attending the swimming pools.

A responsible person, aged at least 16 years-old, **MUST** accompany all children under the age of 8 years in the water.

Whilst in the pool, the responsible person should keep a constant watch over the children and be in particularly close contact with those children in their care who are weak or non-swimmers.

The responsible person may be responsible for:

- One child under the age of 4 years.
- Two children aged from 4 to 7 years.

All non-swimmers must be restricted to designated safe areas of the pool.

Non-swimmers and weak swimmers must not go out of their depth. This is with the exception of very young children who,

by virtue of their size, are out of their depth in even the shallowest area of the pool.

A non-swimmer or weak swimmer is defined as someone who is unable to achieve the following standards to the satisfaction of pool staff:

- Jump from the pool side into water 1.5 metres deep or more.
- Tread water for one minute.
- Swim 50 metres in under two minutes.

By following these guidelines - and with the help of parents/carers - we can provide opportunities for children to learn to swim, develop swimming skills and have fun in the safest possible environment.

### Variations to the Policy

We have the authority to vary the number of children under the age of 8 years who may be accompanied by a responsible person if we are satisfied that our normal safety standards can be maintained.

Under normal swimming conditions, the ratio of children to a responsible person is as follows:

#### Sharley Park Leisure Centre:

- One responsible person to two children under the age of 4 years.
- One responsible person to three children aged 4 to 7 years.

#### Dronfield Sports Centre / Eckington Swimming Pool and Fitness Centre

- The above ratio cannot be varied at these sites unless the Duty Officer at the time assesses and authorises it is safe to do so.

## Children's use of changing rooms

### Sharley Park Leisure Centre

Children under the age of 8 years can be taken into an opposite sex changing facility if there is no accompanying person to take them into a same sex changing room, or where there are no family changing facilities.

### Dronfield Sports Centre / Eckington Swimming Pool and Fitness Centre

Both these centres operate with a village style mixed changing environment. Costumes must be worn at ALL times in open areas, including showers and toilets.

### Aquafun Sessions

Although the admission policy for this session remains the same, further restrictions may apply at centres that operate a large pool inflatable.



### Suitable swimwear

Children who still wear nappies must wear plastic, leak-proof overpants over their swimwear. These are available to buy at reception.

### Any questions?

If you have any questions about our Child Admission Policy please contact a member of our team.

***Please note: we reserve the right to refuse entry.***