

## Adulf swimming lessons

It's never too late to learn to swim!



We offer a range of adult lessons designed for varying abilities. From lessons for the complete beginner who lacks water confidence, to lessons for competent swimmers who want to improve their technique.

## **Dronfield Sports Centre:**

Tuesdays 10am - 11am, Thursdays 6.30pm - 7pm

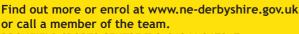
**Eckington Swimming Pool and Fitness Centre:** 

Wednesdays 6.15pm - 7pm

**Sharley Park Leisure Centre:** 

Wednesdays 10.30am - 11.30am

Fridays 6pm - 7pm



DRONFIELD SPORTS CENTRE Tel: 01246 217217

ECKINGTON SWIMMING POOL AND FITNESS CENTRE Tel: 01246 217481

SHARLEY PARK LEISURE CENTRE Tel: 01246 217277







